

07 — Creative Thinking Exercises

Unlock imagination, generate ideas and discover new possibilities.

What You'll Explore

- Brainstorm without judging
- Change your perspective
- Combine unrelated ideas
- Ask 'What if?'
- Prototype and improve

Key Learning

Creative thinking is the ability to generate, connect and explore ideas in new ways.

Quantity can come before quality during brainstorming. Generate several possibilities, then select and improve the most promising ones.

Try It

List 10 possible solutions to one small everyday problem.

Rewrite the problem from another person's perspective.

Combine two unrelated ideas to create a new solution.

Ask: What if the usual rule did not apply?

KREZENT

EMPOWERMENT FOR LIFE

Educational resource for adolescents and young people. For learning and awareness purposes.